

MEDICAL AID UNITS (MAUs)

URGENT CARE FACILITIES FOR
DELAWARE RESIDENTS



DID YOU KNOW?

Medical Aid Units (MAUs) provide urgent care and may be a less expensive alternative to a hospital Emergency Department (ED). MAUs treat common ailments and injuries including:

- Minor lacerations requiring stitches
- Joint sprains
- Cuts and minor burns
- Most broken bones
- Headaches
- Pediatric medical problems (e.g., eye and ear infections)
- Muscle, joint and back pain
- Mild asthma attacks
- Fevers and flu
- Allergies
- Routine infections (e.g., ear, throat, sinus and bladder infections)
- Coughs and colds
- Sexually transmitted infections
- Emergency contraceptive care
- Skin irritation or skin infection

COMMON QUESTIONS

What are Medical Aid Units?

Medical Aid Units (MAUs) are Urgent Care Facilities that treat injuries or illnesses that are not life-threatening, but require care within a few hours or the same day. With an MAU, you don't need an appointment, and you may avoid the longer waits you might find at a busy Emergency Department (ED).

How do Medical Aid Units Work?

MAUs are staffed by medical professionals, which may include physicians, nurse practitioners and physicians' assistants. Many offer on-site diagnostic equipment, including X-ray and laboratory services, and are generally open at times when your doctor's office may be closed.

When Should I go to an ED?

MAU services are covered by your health benefits plan. The cost to you (your copay) is lower if you seek care from a medical aid unit or urgent care center, instead of an ED. Additionally, to see the most up-to-date list of MAUs and their locations, visit highmarkbcbsde.com, click on **Find a Doctor or Rx** and choose **Find a Doctor, Hospital or other Medical Provider** then choose **Urgent Care Centers & Retail Clinic** from the Doctors & Medical Professionals drop-down menu.

MEDICAL AID UNIT LOCATIONS

NEW CASTLE COUNTY

CCHS Medical Aid Unit - Medical Aid Unit at Middletown

Middletown CareCenter

124 Sleepy Hollow Drive

Middletown, DE 19709

Monday - Sundays: 8:00 am - 8:00 pm, Holidays, 9 am - 5 pm

302.449.3100

CCHS Medical Aid Unit - Medical Aid Unit at Christiana

HealthCare Center at Christiana

200 Hygeia Drive

Newark, DE 19713

Monday - Sundays: 8:00 am - 8:00 pm, Holidays, 9 am - 5 pm

302.623.0444

CCHS Medical Aid Unit - Glasgow Medical Aid Unit

Glasgow Medical Center

2600 Glasgow Avenue, Suite 100

Newark, DE 19702

Monday - Sundays: 8:00 am - 8:00 pm, Holidays, 9 am - 5 pm

302.836.8350

CCHS Medical Aid Unit - Medical Aid Unit at STAR

550 South College Avenue, Suite 115

Newark, DE 19711

Monday - Sundays: 8:00 am - 8:00 pm, Holidays, 9 am - 5 pm

302.533.7148

Delaware Medical Care Inc.

Silverside Medical Aid Unit

2700 Silverside Rd

Wilmington, DE 19810

Monday - Sundays: 8:00 am - 9:00 pm

302.225.6868

Eden Hill Express Care LLC

1011 East Songsmith Drive

Bear, DE 19701

Monday - Sundays: 8:00 am - 9:00 pm

302.918.7509

Go-Care at Abbey Medical

1 Centurian Drive, Suite 106

Newark, DE 19713

Monday - Friday: 9:00 am - 9:00 pm,

Saturday: 9:00 am - 6:00 pm, Sunday: 10:00 am - 6:00 pm

302.999.0003

Got a Doc

1946 Maryland Avenue, Suite 100

Wilmington, DE 19805

Monday - Friday: 9:00am - 5:00 pm

302.660.7432

Got a Doc

2105 A Concord Pike

Wilmington, DE 19803

Monday - Friday: 10:00 am - 8:00 pm,

Saturday - Sunday: 9:00 am - 5:00 pm

302.894.8198

Got a Doc

2722 Philadelphia Pike, Suite 100

Claymont, DE 19703

Monday - Friday: 8:30 am - 6:00 pm,

Saturday: 9:00 am - 5:00 pm, Sunday: Closed

302.793.7506

Limestone Medical Aid Unit LLC

1941 Limestone Road, Suite 114

Wilmington, DE 19808

Monday - Friday: 8:00 am - 8:00 pm,

Saturday: 9:00 am - 8:00 pm,

Sunday & Holidays: 9:00 am - 5:00 pm

302.992.0500

MedExpress, Inc - Delaware

2722 Concord Pike

Wilmington, DE 19803

302.477.1406

3926 Kirkwood Highway

Wilmington, DE 19808

302.998.2417

1 C Chestnut Hill Plaza

Newark, DE 19713

302.266.0930

129 N Dupont Highway

New Castle, DE 19720

302.328.5150

Monday - Sunday: 8:00 am - 8:00 pm (8:00 am - 4 pm

Christmas Eve, Closed Thanksgiving & Christmas Day)

Newark 24/7 Urgent Care Center

324 East Main Street

Newark, DE 19711

Monday - Sunday: 24/7 - 365 days a year

302.738.4300

Omega Urgent Care LLC

15 Omega Drive, Building K

Newark, DE 19713

Monday - Friday: 7:00 am - 6:00 pm

Second Saturday of every month: 8:00 am - 1:00 pm

302.368.5100

KENT COUNTY

CCHS Medical Aid Unit - Medical Aid Unit at Smyrna

Smyrna Health & Wellness Center

100 S Main St, Suite 101

Smyrna, DE 19977

Monday through Friday, 8 a.m.–6:30 p.m.

Weekends & Holidays, 8 a.m.–4 p.m.

302.659.4444

Dover Walk In Medical

640 South Queen Street

Dover, DE 19904

Monday - Friday: 9:00am - 5:00 pm

302.674.1999

Eden Hill Express Care

200 Banning Street, Suite 170

Dover, DE 19904

Monday - Friday: 8:00 am - 9:00 pm

Saturday - Sunday: 9:00 am - 9:00 pm

302.674.1999

Got a Doc

379 Walmart Drive, Suite 100

Camden, DE 19934

Monday - Saturday: 7:30 am - 7:30 pm

Sunday: 9:00 am - 5:00 pm

302.698.4441

MedExpress, Inc - Delaware

15 South DuPont Highway

Dover, DE 19901

Monday - Sundays: 8:00 am - 8:00 pm (8:00 am - 4:00 pm

Christmas Eve, closed Thanksgiving and Christmas Day)

302.674.1514

SUSSEX COUNTY

Ambient Medical Care

24459 Sussex Highway

Seaford, DE 19973

Monday - Friday: 7:00 am - 8:00 pm

Saturday - Sunday: 9:00 am - 5:00 pm

302.629.3099

Beebe Physician Network Inc

Georgetown Walk-In

21635 Biden Avenue

Georgetown, DE 19947

302.856.9729

Millsboro Walk-In

28538 DuPont Boulevard

Millsboro, DE 19966

302.934.5052

Millville Walk-In

32550 Docs Place, Unit 1

Millville, DE 19967

302.541.4175

Monday - Sunday: 9:00 am - 7:00 pm

Got a Doc

1309 Savannah Road

Lewes, DE 19958

302.644.1441

25935 Plaza Drive

Millsboro, DE 19966

302.947.4111

Monday - Saturday: 7:30 am - 7:30 pm

Sunday: 9:00 am - 5:00 pm

Medical Alternative Care

BayHealth Occupational & Walk-In Clinic

301 Jefferson Ave

Milford, DE 19963

Monday - Friday: 12:00 pm - 7:00 pm

302.430.5705

Nanticoke Immediate Care

200 Rawlins Drive
Seaford, DE 19973

302.536.5415

30549 Sussex Highway
Laurel, DE 19956

302.715.5216

505 West Market Street
Georgetown, DE 19947

302.856.4120

Monday - Friday: 8:00 am - 8:00 pm

Saturday - Sunday: 9:00 am - 5:00 pm

MAU schedules and locations are subject to change without notice. For a current listing of Medical Aid Units in your area, please visit highmarkbcbsde.com or call Customer Service at 1-800-633-2563.



Remember, an MAU may not always be your best option. While MAUs are appropriate for common conditions and injuries, life-threatening symptoms, such as chest pains, symptoms of stroke, severe headaches, excessive bleeding or vomiting are best handled by an ED.

Please be sure to use your best judgment in any medical situation. If you believe that you have a life-threatening emergency and do not have time to speak with your doctor, then proceed to the nearest ED for care.

While not a trauma center, a freestanding ED is open 24/7, and is generally able to treat most emergencies. It is important to note that a freestanding ED falls under your health plan's Emergency Facility definition, which means the cost may be higher to you if you choose to be treated there instead of at an MAU. If you have any questions, please contact Customer Service at the number on your Highmark Blue Cross Blue Shield Delaware ID card.



For assistance or health support, call a Blues On CallSM health coach at 1-888-BLUE-428 (1-888-258-3428). All coaches are trained to help you make informed health decisions. Coaching is confidential and no cost to you. Make the call today!

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