

# MEDICAL AID UNITS (MAUs)

URGENT CARE FACILITIES FOR  
DELAWARE RESIDENTS



## DID YOU KNOW?

Medical Aid Units (MAUs) provide urgent care and may be a less expensive alternative to a hospital Emergency Department (ED). MAUs treat common ailments and injuries including:

- Minor lacerations requiring stitches
- Joint sprains
- Cuts and minor burns
- Most broken bones
- Headaches
- Pediatric medical problems (e.g., eye and ear infections)
- Muscle, joint and back pain
- Mild asthma attacks
- Fevers and flu
- Allergies
- Routine infections (e.g., ear, throat, sinus and bladder infections)
- Coughs and colds
- Sexually transmitted infections
- Emergency contraceptive care
- Skin irritation or skin infection

## COMMON QUESTIONS

### What are Medical Aid Units?

Medical Aid Units (MAUs) are Urgent Care Facilities that treat injuries or illnesses that are not life-threatening, but require care within a few hours or the same day. With an MAU, you don't need an appointment, and you may avoid the longer waits you might find at a busy Emergency Department (ED).

### How do Medical Aid Units Work?

MAUs are staffed by medical professionals, which may include physicians, nurse practitioners and physicians' assistants. Many offer on-site diagnostic equipment, including X-ray and laboratory services, and are generally open at times when your doctor's office may be closed.

### When Should I go to an ED?

MAU services are covered by your health benefits plan. The cost to you (your copay) is lower if you seek care from a medical aid unit or urgent care center, instead of an ED. Additionally, to see the most up-to-date list of MAUs and their locations, visit [highmarkbcbsde.com](http://highmarkbcbsde.com), click on **Find a Doctor or Rx** and choose **Find a Doctor, Hospital or other Medical Provider** then choose **Urgent Care Centers & Retail Clinic** from the Doctors & Medical Professionals drop-down menu.

# MEDICAL AID UNIT LOCATIONS

## NEW CASTLE COUNTY

### **CCHS Medical Aid Unit - Medical Aid Unit at Middletown**

Middletown CareCenter

124 Sleepy Hollow Drive

Middletown, DE 19709

Monday - Sunday: 8:00 am - 8:00 pm, Holidays: closed

**302.449.3100**

### **CCHS Medical Aid Unit - Medical Aid Unit at Christiana**

Down for renovations until 1Q2018

### **CCHS Medical Aid Unit - Glasgow Medical Aid Unit**

Glasgow Medical Center

2600 Glasgow Avenue, Suite 100

Newark, DE 19702

Monday - Sunday: 8:00 am - 8:00 pm, Holidays: 9 am - 5 pm

**302.623.3661**

### **CCHS Medical Aid Unit - Medical Aid Unit at STAR**

550 South College Avenue, Suite 115

Newark, DE 19711

Monday - Friday: 8:00 am - 8:00 pm,

Saturday - Sunday: 8:00 am - 4:00 pm, Holidays: closed

**302.533.7148**

### **Delaware Medical Care Inc.**

Silverside Medical Aid Unit

2700 Silverside Rd

Wilmington, DE 19810

Monday - Saturday: 8:00 am - 8:00 pm,

Sunday: 9:00 am - 5:00 pm, Holidays: Call for hours

**302.225.6868**

### **Eden Hill Express Care LLC**

1011 East Songsmith Drive

Bear, DE 19701

Monday - Sunday: 8:00 am - 9:00 pm

**302.918.7509**

### **Go-Care at Abbey Medical**

1 Centurian Drive, Suite 106

Newark, DE 19713

Monday - Friday: 9:00 am - 9:00 pm,

Saturday: 9:00 am - 6:00 pm, Sunday: 10:00 am - 6:00 pm

**302.999.0003**

**Got a Doc**

1946 Maryland Avenue, Suite 100  
Wilmington, DE 19805

Monday - Friday: 9:00am - 5:00 pm

**302.660.7432**

**Got a Doc**

2105 A Concord Pike  
Wilmington, DE 19803

Monday - Friday: 10:00 am - 8:00 pm,

Saturday - Sunday: 9:00 am - 5:00 pm

**302.894.8198**

**Got a Doc**

2722 Philadelphia Pike, Suite 100  
Claymont, DE 19703

Monday - Thursday: 9:00 am - 7:00 pm,

Friday: 9:00 am - 5:00 pm, Saturday - Sunday: Closed,

Holidays: Call for Hours **302.793.7506**

**MedExpress, Inc - Delaware**

2722 Concord Pike  
Wilmington, DE 19803

**302.477.1406**

3926 Kirkwood Highway  
Wilmington, DE 19808

**302.998.2417**

1 C Chestnut Hill Plaza  
Newark, DE 19713

**302.266.0930**

129 N Dupont Highway  
New Castle, DE 19720

**302.328.5150**

Monday - Sunday: 8:00 am - 8:00 pm (8:00 am - 4 pm

Christmas Eve, Closed Thanksgiving & Christmas Day)

### **Newark 24/7 Urgent Care Center**

324 East Main Street

Newark, DE 19711

Monday - Sunday: 24/7 - 365 days a year

**302.738.4300**

## **KENT COUNTY**

### **CCHS Medical Aid Unit - Medical Aid Unit at Smyrna**

Smyrna Health & Wellness Center

100 S Main St, Suite 101

Smyrna, DE 19977

Monday through Friday, 8 a.m.–6:30 p.m.

Weekends & Holidays, 8 a.m.–4 p.m.

**302.659.4444**

### **Dover Walk In Medical**

640 South Queen Street

Dover, DE 19904

Monday - Friday: 9:00am - 5:00 pm

**302.674.1999**

### **Eden Hill Express Care**

200 Banning Street, Suite 170

Dover, DE 19904

Monday - Friday: 8:00 am - 9:00 pm

Saturday - Sunday: 9:00 am - 9:00 pm

**302.734.2444**

### **Got a Doc**

379 Walmart Drive, Suite 100

Camden, DE 19934

Monday - Saturday: 7:30 am - 7:30 pm

Sunday: 9:00 am - 5:00 pm

**302.698.4441**

### **MedExpress, Inc - Delaware**

15 South DuPont Highway

Dover, DE 19901

Monday - Sundays: 8:00 am - 8:00 pm (8:00 am - 4:00 pm

Christmas Eve, closed Thanksgiving and Christmas Day)

**302.674.1514**

## SUSSEX COUNTY

### **Ambient Medical Care**

24459 Sussex Highway, Suite 2  
Seaford, DE 19973

Monday - Friday: 7:00 am - 8:00 pm

Saturday - Sunday: 9:00 am - 5:00 pm

**302.629.3099**

### **Beebe Healthcare Georgetown**

Georgetown Walk-In

21635 Biden Avenue

Georgetown, DE 19947

**302.856.9729**

### **Beebe Healthcare Millsboro**

28538 DuPont Boulevard

Millsboro, DE 19966

**302.934.5052**

### **Beebe Healthcare Millville**

32550 Docs Place, Unit 1

Millville, DE 19967

**302.541.4175**

Monday - Sunday: 9:00 am - 7:00 pm

### **Got a Doc**

1309 Savannah Road

Lewes, DE 19958

**302.644.1441**

25935 Plaza Drive

Millsboro, DE 19966

**302.947.4111**

Monday - Saturday: 7:30 am - 7:30 pm

Sunday: 9:00 am - 5:00 pm

### **BayHealth Occupational & Walk-In**

Clinic 301 Jefferson Ave

Milford, DE 19963

Occupational Health

Monday - Friday: 7:30 am - 5:00 pm

Walk-in

Monday - Friday: 12:00 pm - 7:00 pm

**302.430.5705**

**Nanticoke Immediate Care**

200 Rawlins Drive Seaford,  
DE 19973 **302.536.5415**

30549 Sussex Highway  
Laurel, DE 19956  
**302.715.5216**

505 West Market Street  
Georgetown, DE 19947  
**302.856.4120**

Monday - Friday: 8:00 am - 8:00 pm

Saturday - Sunday: 9:00 am - 5:00 pm

**MAU schedules and locations are subject to change without notice. For a current listing of Medical Aid Units in your area, please visit [highmarkbcbsde.com](http://highmarkbcbsde.com) or call Customer Service at 1-844-459-6452.**



**Remember, an MAU may not always be your best option. While MAUs are appropriate for common conditions and injuries, life-threatening symptoms, such as chest pains, symptoms of stroke, severe headaches, excessive bleeding or vomiting are best handled by an ED.**

**Please be sure to use your best judgment in any medical situation. If you believe that you have a life-threatening emergency and do not have time to speak with your doctor, then proceed to the nearest ED for care.**

While not a trauma center, a freestanding ED is open 24/7, and is generally able to treat most emergencies. It is important to note that a freestanding ED falls under your health plan's Emergency Facility definition, which means the cost may be higher to you if you choose to be treated there instead of at an MAU. If you have any questions, please contact Customer Service at the number on your Highmark Blue Cross Blue Shield Delaware ID card.



**For assistance or health support, call a Blues On Call<sup>SM</sup> health coach at 1-888-BLUE-428 (1-888-258-3428). All coaches are trained to help you make informed health decisions. Coaching is confidential and no cost to you. Make the call today!**

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