Call To Action

Log in to PHRST Employee Self-Service at employeeselfservice.omb.delaware.gov and do the following:

1. Review and update your Personal Contact Information. Choose your Preferred Choice for each category.
   - Home Address
   - Phone Numbers
   - Email Addresses

2. Consent to receive your W-2 Form online.
   - Navigation: DE Employee Self-Service ➔ Payroll and Compensation ➔ W-2/W-2c Consent
   - If you consent after 12/22/2017, your 2017 W-2 will be sent via mail.

3. Consent to receive your IRS Form 1095-C online.
   - Navigation: DE Employee Self-Service ➔ Benefits ➔ 1095-C Consent
   - If you consent after 1/12/2018, your 2017 1095-C will be sent via mail.

4. Consent to receive your Benefits Open Enrollment packet materials and required federal notices online.
   - If you consent after 3/15/2018, your 2018 Open Enrollment materials will be sent via mail.

Being a Wise Health Care Consumer - Save time and money on outpatient lab and imaging services

DID YOU KNOW?

Imaging (i.e., CT scans, MRI) and laboratory (i.e., blood work) services cost less at non-hospital affiliated freestanding facilities and are often more convenient.

Outpatient High-Tech Imaging Services (i.e., CT scans, MRI)

- Average total cost per visit = $1,249 (Hospital Affiliated Facility) $453 (Non-Hospital Affiliated Facility)
- Average out-of-pocket cost to State of Delaware non-Medicare members* per visit = $35 (Hospital Affiliated Facility); $0 (Non-Hospital Affiliated Facility)

Outpatient Laboratory Services (i.e., Blood Work)

- Average total cost per visit = $154 (Hospital Affiliated Facility); $70 (Non-Hospital Affiliated Facility)
- Average out-of-pocket cost to State of Delaware non-Medicare members* per visit = $10

Call To Action

Visit de.gov/healthconsumer to learn more and access lists of in-network, non-hospital affiliated freestanding facilities (including locations and hours of operation).

*Includes employees, non-Medicare pensioners, spouses and dependents