

## Don't Lose Remaining 2016 Flexible Spending Account (FSA) Funds! FSA Grace Period Runs Through March 15, 2017



If you were an active participant as of December 31, 2016 for the 2016 FSA Plan Year, you may continue to incur expenses through March 15, 2017 in order to use any remaining funds in the 2016 FSA Plan Year. This includes purchases at the FSA Store.

Remember, the deadline to submit claims is April 15, 2017.

### Call To Action

Visit [www.ben.omb.delaware.gov/fsa](http://www.ben.omb.delaware.gov/fsa) to learn more and access a coupon code for \$10 OFF eligible items in the FSA Store. There are thousands of over-the-counter (OTC) health care products eligible under Health Care FSAs!

## EAP + Work/Life Program: January 2017 HMS (Health Advocate) Newsletter

This month's newsletter topics include:

- 17 Easy Wellness Tips for 2017;
- New Year, New You;
- Get Financially Fit; and
- National Birth Defects Prevention Month

Register today for this month's free webinar:  
Tuesday, January 17 at 12:00 pm (60 minutes)  
"Quality of Life."



### Call To Action

Visit [www.ben.omb.delaware.gov/eap](http://www.ben.omb.delaware.gov/eap) to view the newsletter and register for the free webinar.

## January Is National Blood Donor Month



*Why Donate Blood?* Each year in our community, over 20,000 patients need blood or a blood product, and more than 350 blood donors are needed every day to meet this need. By donating, you are showing your support for this valuable service and helping to ensure a stable blood supply for everyone in our community. Also, each time you give, you not only save lives, but you earn rewards and benefits from the Blood Bank of Delmarva's Members for Life Program.

### Call To Action

Donate blood this month in honor of National Blood Donor Month, and earn rewards from the Blood Bank of Delmarva's Members for Life Program. Visit [www.ben.omb.delaware.gov/blood](http://www.ben.omb.delaware.gov/blood) to learn more about the Members for Life program, as well as access a list of blood donation sites and schedule an appointment.

This newsletter is published by the State of Delaware Statewide Benefits Office.

To view other SBO e-Newsletters, visit

<http://ben.omb.delaware.gov/communication.shtml>.