

## Flexible Spending Account (FSA) 2017 Plan Year Open Enrollment Starts Today



**FSA Open Enrollment starts today and runs through November 18, 2016!** Save money on: Medical, Vision and Dental Expenses; and Dependent Child Care Expenses. By paying for eligible expenses with your pre-tax dollars, you can save as much as 25%!

**Remember:** You **MUST** enroll each year during FSA Open Enrollment to continue your participation in the FSA Program.

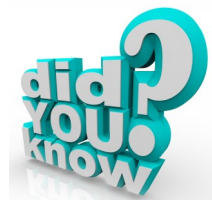
### Call To Action

Learn more by reviewing the 2017 FSA Plan Booklet and follow the 2017 FSA Open Enrollment Instructions at [www.ben.omb.delaware.gov/fsa](http://www.ben.omb.delaware.gov/fsa).

#### Important:

- On October 26, 2016, the IRS announced the 2017 Plan Year Maximum for Health Care Flexible Spending Accounts increased to \$2,600 from \$2,550 in 2016.
- Please enroll at your earliest convenience to ensure your elections are completed! High volume on the ASIFlex Open Enrollment website could lead to slow response times and delays. If you are unable to log into the system after the second attempt, please try again later. The ASIFlex Open Enrollment website is available 24/7 between November 1 and November 18.

## 15th Annual Diabetes Wellness Expo Set For Today



- ⇒ More than 11,000 members covered under the State of Delaware Group Health Insurance Program (GHIP) have diabetes with a total cost of \$48 million in fiscal year 2015
- ⇒ The health impacts of diabetes can be managed through a healthy lifestyle and self-management of medications

Check out the info below about a FREE diabetes wellness event, organized by the Delaware Diabetes Coalition, Delaware's Division of Public Health (DPH) and other partners, that is open to the public:

**15th Annual Diabetes Wellness Expo**  
**Tuesday, November 1, 2016**  
**9:00 am - 3:00 pm**  
**Dover Downs Conference Center (Dover, DE)**

The event includes more than 50 exhibitors; educational presentations on diabetes/prediabetes management, services, resources and tips on controlling the disease; health screenings (e.g., blood sugar, blood pressure, dental and foot exams, etc.); free flu shots; and lunch (first come, first served).

### Call To Action

For more information about the Diabetes Wellness Expo, call the Delaware Diabetes Coalition at 302-388-9728 or Delaware Division of Public Health at 302-744-1020.

For information on the disease management benefits and diabetes resources offered to GHIP members, visit the Consumerism Resource Link at [de.gov/healthconsumer](http://de.gov/healthconsumer).