

Things To Consider As Benefits Open Enrollment (May 9-26, 2016) Approaches: View the Employee Education Session Materials



The Statewide Benefits Office (SBO) offered Employee Education Sessions on April 19, 21 and 28, 2016 that provided employees with an opportunity to engage, ask questions and learn about what's new for Open Enrollment 2016 and how to be a wise health care consumer to help control and reduce insurance costs and improve health and well-being.

A special thanks to the hundreds of employees that attended the April 2016 Employee Education Sessions!

Call To Action

Employees who did not attend the sessions are encouraged to view the materials online. Visit www.ben.omb.delaware.gov/oe and select the link "April 2016 Employee Education Session Materials."

Important: Prior to Open Enrollment, all benefit-eligible State of Delaware and K12 employees should visit [Employee Self-Service](#) to make sure they can sign-in (verify user ID, password and challenge questions) in order to resolve any access issues ahead of time.

Join Us On Wednesday, May 18 For The 2016 Governor's Cup 5K Run/Walk: Fellowship, Physical Activity, Giveaways, Awards And Free T-Shirts

Delaware's Division of Public Health (DPH), in partnership with Motivate the First State, the Statewide Benefits Office (SBO) and DelaWELL, is bringing forth this FREE event exclusively for State of Delaware employees and pensioners (limited to 500 participants (first come, first served)). The event includes a 5K Run/Walk, 1-mile noncompetitive fun walk and health fair at Woodburn (The Governor's Residence) in Dover, DE.

Opportunity To Donate Food - The Food Bank of Delaware will be on-site at the event collecting donated nonperishable food items from participants.

Call To Action

To learn more or to register for this event, visit www.GovernorsCup5K.com. Last day to register is May 11. **Have Questions?** Call (302) 744-1020 or email govcup5k@healthydelaware.org.



2016 GOVERNOR'S CUP

5K
RUN/WALK

This newsletter is published by the Delaware Statewide Benefits Office.

To view other SBO e-Newsletters, visit

<http://ben.omb.delaware.gov/communication.shtml>.