



March 14, 2016  
Issue

e - Newsletter

## EAP + Work/Life Program: March 2016 HMS (Health Advocate) Newsletter



This month's newsletter topics include:

- Prevent Costly Mistakes
- Improve Your Daily Diet
- Stop Worrying, Take Action

The free monthly webinar topic is "Top 10 Estate Planning Mistakes."

### Call To Action

↳ Visit [www.ben.omb.delaware.gov/eap](http://www.ben.omb.delaware.gov/eap) to view the March 2016 HMS (Health Advocate) Newsletter.

## 11 Days Left To Participate In The Employee Benefits Consent Campaign And Be Entered To Win An iPad Mini Or \$50 Amazon Gift Card



Benefit-eligible employees currently enrolled in a State of Delaware health plan (administered by Aetna or Highmark Delaware) who complete a few simple steps by March 24, 2016 to receive their 2016 Open Enrollment (OE) materials, notices and other benefits information online, will be entered into a random drawing to win an iPad Mini or a \$50 Amazon gift card.

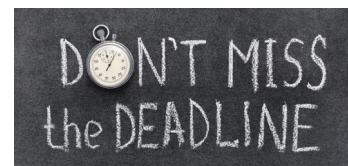
Currently, there are 7,146 consented employees. **Help SBO reach and exceed our campaign goal of 12,000!**

### Call To Action

↳ Visit <http://ben.omb.delaware.gov/communication.shtml> and follow the "Instructions" located under Employee Benefits Consent Campaign. Here you will also find Frequently Asked Questions.

## 2015 Flexible Spending Account (FSA) Deadline For Filing Claims Is April 15, 2016

The deadline for submitting claims incurred for the 2015 Plan Year (January 1, 2015 - December 31, 2015), and the accompanying FSA grace period (January 1, 2016 - March 15, 2016) is April 15, 2016.



### Call To Action

↳ Learn more about the 2015 FSA Program at [www.ben.omb.delaware.gov/fsa](http://www.ben.omb.delaware.gov/fsa). Here you can access the ASI website for instructions on submitting claims, as well as view the 2015 FSA Summary Plan Description.

This newsletter is published by the Delaware Statewide Benefits Office.  
To view other SBO e-Newsletters, visit  
<http://ben.omb.delaware.gov/communication.shtml>.