



## Identity Protection Available At No Cost To Highmark Delaware Members

Free identity protection services are now available to eligible Highmark Delaware members (i.e., employees, pensioners, spouses and covered dependents enrolled in a State of Delaware Health Plan):



- **Identity Repair** - Eligible members have automatic access to this service, so no need to sign up. If a problem arises, they can simply call AllClear ID toll-free at 1-855-229-0079 and AllClear ID will help them recover financial losses and restore their credit.
- **Credit Monitoring** - If eligible members want more protection, they can enroll in this free service by contacting AllClear ID at any time during 2016. Eligible members will get \$1 million in identity theft insurance and alerts when banks and creditors use their identity to open accounts.

### Call To Action

↳ To learn more or enroll, go to <https://highmark.allclearid.com/> or call AllClear ID at 1-855-229-0079. Highmark Delaware will be sending emails and letters to eligible members over the next few weeks with more information on these services.

## EAP + Work/Life Program: February 2016 HMS (Health Advocate) Newsletter



This month's newsletter topics include: Getting the Right Care, Feeling Stressed, Avoid Caregiver Burnout and Heart Awareness Month. The free monthly webinar topic is "Surviving the Stresses of Caregiving!"

### Call To Action

↳ Visit [www.ben.omb.delaware.gov/eap](http://www.ben.omb.delaware.gov/eap) to view the February 2016 HMS (Health Advocate) Newsletter.

This newsletter is published by the Delaware Statewide Benefits Office.  
To view other SBO e-Newsletters, visit  
<http://ben.omb.delaware.gov/communication.shtml>.