



December 31, 2015
Issue

e - Newsletter

Telemedicine Services Available Starting January 1, 2016

Effective January 1, 2016, telemedicine is available to members covered under the State of Delaware's **non-Medicare** Health Plans. Physician consultations are performed via telephone or online (virtual) for non-emergency medical issues, such as coughs, sinus infections, sore throats, fevers, flu, colds, skin rashes and headaches. Telemedicine should be used when your primary care doctor's office is closed, when you are unable to get an appointment with your doctor immediately or when you are traveling and away from home.

Call To Action

- ↳ Please visit www.ben.omb.delaware.gov/medical and select either Highmark Delaware or Aetna to view the Telemedicine Frequently Asked Questions (FAQs). You will learn about the telemedicine service benefits covered under the health plans, member out-of-pocket costs, when to use and not to use telemedicine and how to access the health carrier's telemedicine vendors.

January 2016 Public Testimony Meetings On The State Employees Health Plan Task Force Final Report

Employees, retirees and other interested parties are invited to participate in one of the Public Testimony Meetings noted below to receive an overview of the final report and to provide ideas, suggestions and feedback related to the work and final report of the Task Force. All public comment will be recorded and summarized in a supplement to the final report.

- January 4, 2016 at 5:00 pm: Delaware Tech's Terry Campus - Education & Technology Building, Room 727, 100 Campus Drive, Dover, DE 19904
- January 12, 2016 at 5:00 pm: Delaware Tech's Stanton Campus - Conference Rooms A114 & A116, 400 Stanton-Christiana Rd, Newark, DE 19713

Call To Action

- ↳ For more information on the Public Testimony Meetings and to access the Final report of the State Employees Health Plan Task Force, visit www.ben.omb.delaware.gov/hptf.

Blood Bank of Delmarva's Winter Blood Challenge

Blood Bank of Delmarva has issued an urgent call for blood donors, asking those who are able to schedule an appointment as soon as possible. The holiday season is challenging for blood centers across the country, as many scheduled donors cancel their appointments and the Blood Bank finds themselves in critical need of blood to serve our hospitals and their patients.

Take part in the Winter Blood Challenge! Anyone who donates blood by January 31, 2016 will be **entered into a drawing for a 60" flat screen TV!**

Call To Action

- ↳ Visit www.ben.omb.delaware.gov/blood to learn more about the Winter Blood Challenge and blood donation sites.

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<http://ben.omb.delaware.gov/communication.shtml>.