

EAP + Work/Life Program: December 2015 HMS (Health Advocate) Real-Life Help Newsletter

The HMS (Health Advocate) Real-Life Help Newsletter provides helpful information and resources for personal, family and work issues. This month's newsletter topics include: Keys to Keeping Resolutions and Aim for Excellence (Not Perfection).

Call To Action

Visit www.ben.omb.delaware.gov/eap to view the December 2015 HMS (Health Advocate) *Real-Life Help* Newsletter.

January 2016 Public Testimony Meetings On The State Employees Health Plan Task Force Final Report

Employees, retirees and other interested parties are invited to participate in one of the Public Testimony Meetings noted below to receive an overview of the final report and to provide ideas, suggestions and feedback related to the work and final report of the Task Force. All public comment will be recorded and summarized in a supplement to the final report.

- January 4, 2016 at 5:00 pm: Delaware Tech's Terry Campus - Education & Technology Building, Room 727, 100 Campus Drive, Dover, DE 19904
- January 12, 2016 at 5:00 pm: Delaware Tech's Stanton Campus - Conference Rooms A114 & A116, 400 Stanton-Christiana Rd, Newark, DE 19713

Call To Action

For more information on the Public Testimony Meetings and the work of the State Employees Health Plan Task Force, visit www.ben.omb.delaware.gov/hptf.

Look For New Tax Form In The Mail On Or Before February 1, 2016: Form 1095-C

Any individual who was a full-time employee (defined as having worked 30 or more hours per week on average) of the State of Delaware for one or more months of 2015 and any other State employee who enrolled in the Group Health Insurance Program (GHIP) sponsored by the State of Delaware, will receive a new tax form - Form 1095-C and cover letter explaining the Form at their home mailing address no later than February 1, 2016. If you are enrolled in the State's GHIP, Form 1095-C provides documentation that you and any enrolled family members had health coverage for one or more months of 2015. For those not enrolled in the State's GHIP, Form 1095-C provides documentation that the State offered you health coverage in 2015 and the coverage met certain standards set by the federal government.

Call To Action

Look for Form 1095-C and cover letter at your home mailing address on or before February 1, 2016. Form 1095-C is an important tax document that you should (1) have on hand when you complete your 2015 federal tax return and (2) keep safely with your tax-related documents.