

December 2, 2015 Public Testimony Meeting Overview Of The State Employees Health Plan Task Force Final Report

In accordance with Section 73 of House Bill 225, the State Employees Health Plan Task Force, formed to study the State Group Health Plan with the purpose of finding cost savings and efficiencies, will conclude their work and issue a final report with recommendations to the Governor and General Assembly on December 1, 2015.

Employees, retirees and other interested parties are invited to participate in a Public Testimony Meeting on **December 2, 2015 at 5:00 pm at Delaware Tech's Terry Campus, Education & Technology Building - Room 727, 100 Campus Drive Dover, DE 19904** to receive an overview of the final report and to provide ideas, suggestions and feedback related to the work and final report of the Task Force. The comments provided at the meeting will be submitted as a supplement to the final report.

Call To Action

For more information on the December 2, 2015 Public Testimony Meeting and the work of the State Employees Health Plan Task Force, visit www.ben.omb.delaware.gov/hptf.

Save Up To 25% On Every Dollar You Set Aside FSA 2016 Plan Year Open Enrollment Is Underway: Now Through December 1, 2015

With a Health Care Flexible Spending Account (FSA), you can set aside pre-tax dollars for co-pays, deductibles, office visits and over-the-counter health care products. With a Dependent Care Flexible Spending Account (FSA), you can set aside pre-tax dollars for daycare, after-school care, pre-school and nursery school.

Here are some important things to know -

- You MUST re-enroll in FSA each year if you wish to participate. Your enrollment from 2015 does NOT continue into 2016.
- There are specific annual minimum (\$50) and annual maximum (Health Care FSA = \$2,550; Dependent Care FSA = \$5,000 for household) elected amounts.
- You have the option of receiving a ASIFlex (Debit) Card to use for out-of-pocket health care expenses.



Call To Action

To enroll or re-enroll in FSA, follow the "Enrollment Instructions" located at www.ben.omb.delaware.gov/fsa. Be sure to check out the informational videos, FSA Presentation, list of FSA Eligible Expenses and Tax Savings Estimator.

EAP + Work/Life Program: November 2015 HMS (Health Advocate) Real-Life Help Newsletter

The HMS (Health Advocate) Real-Life Help Newsletter provides helpful information and resources for personal, family and work issues. This month's newsletter topics include: Maintain Well-Being This Holiday Season, Talk to Your Partner About Money, Chase Away Holiday Blues and Tips to Resolve Family Conflicts.

Call To Action

Visit www.ben.omb.delaware.gov/eap to view the November 2015 HMS (Health Advocate) *Real-Life Help* Newsletter.

This newsletter is published by the Delaware Statewide Benefits Office.

To view other SBO e-Newsletters, visit

<http://ben.omb.delaware.gov/communication.shtml>.