



Looking for a fun and interactive way to learn about your benefits?
Register to attend an Employee Education Session (April 15, 21 or 22)

This is not your typical lecture! Engage, interact, ask questions and learn what's new beginning July 1, 2015:

- Changes in premiums and benefit coverage
- Aflac Supplemental Benefits - Critical Illness and Accident Insurance
- DelaWELL Health Management Program - Programs and services will be provided through Highmark Delaware and Aetna
- Minnesota Life Group Universal Life Insurance - Enrollment opportunity



The sessions are being held in each county from 9-10:30am, 12-1:30pm and 5-6:30pm. Employees who attend the Education Sessions will be placed into a random drawing to win an iPad Mini or a \$50 Visa Gift card (courtesy of Highmark Delaware and Aetna).

Call To Action

Learn more and register at www.ben.omb.delaware.gov/oe.

Don't forfeit your funds:
2014 Flexible Spending Account (FSA)
Claims Submission Deadline is
April 15!

TIME IS RUNNING OUT! The deadline to submit ALL claims (**health care and dependent care**) for the 2014 Flexible Spending Account (FSA) Plan Year is **Wednesday, April 15**. Unused funds will be forfeited in accordance with federal regulations. Act now to get the most out of your 2014 FSA funds!



Call To Action

Submit your claims by April 15!
For instructions on how to submit a claim visit www.ben.omb.delaware.gov/fsa.

EAP + Work/Life Program:
April 2015 HMS (Health Advocate)
Real-Life Help Newsletter

The HMS (Health Advocate) *Real-Life Help* Newsletter provides helpful information and resources for personal, family and work issues. This month's newsletter topics include: *Promote Self-Esteem in Teens, Substance Abuse in the Workplace* and *Stress Awareness Month*. The free webinar topic is "Qualities Colleges Really Seek."



Call To Action

Visit www.ben.omb.delaware.gov/eap to view the April 2015 HMS (Health Advocate) *Real-Life Help* Newsletter.

This newsletter is published by the Delaware Statewide Benefits Office.
To view other SBO e-Newsletters, visit
<http://ben.omb.delaware.gov/communication.shtml>.