



State Employee Benefits Committee
June 10, 2016
DelaWELL Health Management Planning

Health Management Educational Series

- *April 22, 2016 SEBC Meeting*
 - SBO – Recapped DelaWELL past participation and lessons learned
 - Segal – Reviewed what other states are doing in the area of wellness promotion, including incentives
- *May 13, 2016 SEBC Meeting*
 - Highmark – Recapped wellness and disease management services currently offered and importance of wellness assessment and annual physical
 - Truven – Looked at disease prevalence and how health management can play a role in slowing down progression and improving population health
- *June 10, 2016 SEBC Meeting*
 - Review State initiatives with actionable items

FY2017 Plan – Consumerism

- Delaware’s General Assembly passed House Concurrent Resolution 81 – Encouraging wise health care consumerism
- Promote wise health care consumerism and utilization of the *Consumerism Resource Link* (www.ben.omb.delaware.gov/consumerism)
- Encourage members to:
 - Know their insurance plan
 - Compare costs and choose lower cost health care services
 - Get appropriate level of care
 - Manage chronic diseases
 - Engage in wellness and prevention



FY2017 Plan –Consumerism (*Continued*)

- SBO will:
 - Work with leadership (i.e., SEBC, legislatures, state agencies, school districts, charter schools, unions, etc.) to communicate consumerism information to employees and retirees:
 - Provide onsite seminars
 - Attend health and benefit fairs
 - Promote online via website announcements
 - Share info in newsletter articles
 - Promote via social media
 - Strongly encourage members to complete the *Online Consumerism Training Course* (Expected release is July 2016)
 - Members will be able to access the course via the Delaware Learning Center (DLC) or through a separate link for those without access to the DLC
 - Assess impact of efforts by looking at changes in participation and utilization levels



Feedback or Questions?

- Next steps –
 - SBO will continue to work with leadership to communicate information
 - Already in the works:
 - August 2016
 - Meet with DSEA leadership and communications staff
 - Present at Smyrna School District's new employee orientation
 - Speak at the Delaware Association of Educational Office Professionals (DAEOP) annual professional development day
 - Present at Colonial School District's Transportation Department meeting
 - Working with Innovative Schools to set-up consumerism workshops at charter school professional development days
 - Attending DSEA member benefit fairs in November