State Employee Benefits Committee
June 10, 2016
DelaWELL Health Management Planning
Health Management Educational Series

- **April 22, 2016 SEBC Meeting**
  - SBO – Recapped DelaWELL past participation and lessons learned
  - Segal – Reviewed what other states are doing in the area of wellness promotion, including incentives

- **May 13, 2016 SEBC Meeting**
  - Highmark – Recapped wellness and disease management services currently offered and importance of wellness assessment and annual physical
  - Truven – Looked at disease prevalence and how health management can play a role in slowing down progression and improving population health

- **June 10, 2016 SEBC Meeting**
  - Review State initiatives with actionable items
FY2017 Plan – Consumerism

• Delaware’s General Assembly passed House Concurrent Resolution 81 – Encouraging wise health care consumerism

• Promote wise health care consumerism and utilization of the Consumerism Resource Link (www.ben.omb.delaware.gov/consumerism)

• Encourage members to:
  – Know their insurance plan
  – Compare costs and choose lower cost health care services
  – Get appropriate level of care
  – Manage chronic diseases
  – Engage in wellness and prevention
• SBO will:
  
  – Work with leadership (i.e., SEBC, legislatures, state agencies, school districts, charter schools, unions, etc.) to communicate consumerism information to employees and retirees:
    • Provide onsite seminars
    • Attend health and benefit fairs
    • Promote online via website announcements
    • Share info in newsletter articles
    • Promote via social media

  – Strongly encourage members to complete the Online Consumerism Training Course (Expected release is July 2016)
    • Members will be able to access the course via the Delaware Learning Center (DLC) or through a separate link for those without access to the DLC

  – Assess impact of efforts by looking at changes in participation and utilization levels
Next steps –

- SBO will continue to work with leadership to communicate information
  - Already in the works:
    - August 2016
      - Meet with DSEA leadership and communications staff
      - Present at Smyrna School District’s new employee orientation
      - Speak at the Delaware Association of Educational Office Professionals (DAEOP) annual professional development day
      - Present at Colonial School District’s Transportation Department meeting
    - Working with Innovative Schools to set-up consumerism workshops at charter school professional development days
    - Attending DSEA member benefit fairs in November