State Employees Health Plan Task Force Updates
April 22, 2016
– Consumerism Efforts
– Onsite Clinics
– Referenced Based/Metric Pricing
– Cost Recovery & Program Integrity Reviews
– Centers of Excellence/Institutes of Quality
Healthcare Consumerism Campaign:  
**Goal:** focuses on helping covered members understand the power of their choices in making health care decisions to control and reduce insurance costs and improve their health and well-being.

**Employee Education Sessions:**  
**Goal:** To educate and inform employees and retirees as to how they can become better healthcare consumers.  
**Dates:** April 19 (Stanton), April 21 (Georgetown) & April 28th (Dover)

**2016 Consumerism Corner Newsletter:**  
**Goal:** Further increase awareness of new webpage and tools available  
**Dates:** Mailing in Open Enrollment packets the week of April 25

**Continuing Efforts:**  
**Goal:** Partner with agencies, schools, union groups, retiree groups to deliver the message through seminars/webinars.

**Visit the Consumerism Resource Link:**  
[www.ben.omb.delaware.gov/consumerism](http://www.ben.omb.delaware.gov/consumerism)
Onsite Clinics

• **Concept:** establish health clinics for minor illnesses/primary care services, condition management & wellness at locations in workplace

• Hours of Operation: 40 hours per week

• Estimate need for 3 sites statewide based on employee population (36,284)

• **Financial Proposal Includes:**
  – Construction/Capital Costs - Infrastructure
  – One Time Implementation Fee – Start-up equipment, technology & reporting services
  – Operational Costs – Staffing, service & management fees
  – Return on Investment
    • Reduced health plan costs
    • Increased productivity
    • Reductions in absenteeism
Onsite Clinics Continued

• Considerations:
  – Determine Strategy – Optimal Utilization/ROI
  – Determine Employee Plan Design/Incentives/Integration with Health Benefits
  – Identify Sites/Determine Construction Costs
  – Establish Budget/Funding
  – Procurement for Clinic Operations/Staffing
• **Concept:** determine appropriate price for certain routine inpatient services and establish set payment for such services regardless of where member receives service

• **Considerations:**
  – Establishing methodology to determine appropriate payment for services
  – Unintended consequences of setting limits on payments for certain services
Cost Recovery and Program Integrity Analysis - Medical

- **Scope:** Comprehensive review of medical plan claims administration
  - Operational Review
  - Plan Documentation Review
  - 100% Electronic Screening with Targeted Samples
  - Data Analytics (provider utilization & discount savings, ACA compliance, coding)

- **Period of Review:** July 1, 2013 – June 30, 2015

- **Key Dates/Deliverables:**
  - Kick Off Calls: April 8th & April 11th *(Complete)*
  - Onsite Reviews: Week of June 20th for Highmark/July 18th for Aetna
  - Preliminary Reports: July 13th for Highmark/August 10th for Aetna
  - Final Reports: August 10th for Highmark/August 31st for Aetna
Cost Recovery and Program Integrity Analysis – Prescription

- **Scope:** Comprehensive review of prescription plan claims administration
  - Operational Review
  - Plan Documentation Review
  - 100% Electronic Screening with Targeted Samples
  - Data Analytics (provider utilization & discount savings, ACA compliance, coding)

- **Period of Review:**
  - July 1, 2013 – June 30, 2015 (Commercial Plan)
  - January 1, 2014 – December 31, 2015 (EGWP Plan)

- **Key Dates/Deliverables:**
  - Kick Off Calls: April 18th (Complete)
  - Onsite Reviews: Pending
  - Preliminary Reports: Pending
  - Final Reports: Pending
Centers of Distinction/Institutes of Quality

• **Concept:** designation given to facilities who have completed a credentialing process and demonstrated better patient outcomes, quality and reduced re-admission rates when performing specific procedures.

• **Current Programs:** Bariatric Surgery adopted in State Group Health Plans in FY2011
  - 25% coinsurance if services are obtained at a non Center of Distinction/Institute of Quality
  - Highmark Blue Distinction Centers
    - Delaware Facilities – Christiana & St. Francis
    - Other Nearby Facilities – Peninsula Regional*, University of Penn**, Cooper, Crozer**, Temple, Thomas Jefferson, Greater Baltimore Medical Ctr

*Peninsula Regional Designation for FY13 & FY14 only
**University of Penn/Crozer Designation for FY15 only
• Highmark Blue Distinction Utilization for Bariatric Surgery:
  • 343 Procedures Completed in CY2013 – CY2015
  • 274 Blue Distinction/69 non Blue Distinction Center (80% compliance)
  • Delaware Facilities – Christiana (193), St. Francis (38)
  • Other Nearby Facilities w/Utilization – Peninsula Regional* (39), Crozer** (2), University of Penn (1)**, Thomas Jefferson (1)

• Highmark Blue Distinction Utilization Savings*** for Bariatric Surgery:
  • $245K CY2013 – CY2015

*Peninsula Regional Designation for FY13 & FY14 only
**University of Penn/Crozer Designation for FY15 only
***Savings derived from 25% coinsurance paid by members utilizing non Blue Distinction facilities
Aetna Institutes of Quality for Bariatric Surgery:

- Delaware Facilities – St. Francis, Christiana
- Other Nearby Facilities – Peninsula Regional, University of MD, Cooper, Crozer, University of Penn, Thomas Jefferson, Temple

Aetna Institutes of Quality Utilization for Bariatric Surgery:

- 17 Procedures Completed in CY2013 – CY2015
- 14 Institutes of Quality/3 Non Institutes of Quality (82% Compliance)
- Delaware Facilities – St. Francis (7), Christiana (5)
- Other Nearby Facilities w/Utilization – Peninsula (2)

Aetna Institutes of Quality Utilization Savings* for Bariatric Surgery: $23K

*Savings derived from lower allowable paid to Institutes of Quality
• Other Programs for Consideration:

Knee/Hip:

Aetna Institutes of Quality:
  • Delaware Facilities – None
  • Other Nearby Facilities – John Hopkins, Thomas Jefferson

Highmark Blue Distinction Centers
  • Delaware Facilities – None*
  • Other Nearby Facilities – Peninsula Regional, Atlantic Regional, University of Penn, Temple, Thomas Jefferson

Proposals for Consideration:
  • 25% Coinsurance at non Institutes of Quality/Blue Distinction Centers
  • $0 Facility Copay at Institutes of Quality/Blue Distinction Centers

*Beebe Medical Center removed from Blue Distinction status in March 2016
• **Other Programs for Consideration:**

  **Spine:**
  
  Aetna Institutes of Quality:
  
  • Delaware Facilities – None
  • Other Nearby Facilities – John Hopkins, Thomas Jefferson

  Highmark Blue Distinction Centers
  
  • Delaware Facilities – Christiana Care
  • Other Nearby Facilities – Peninsula Regional, University of Penn, Temple, Thomas Jefferson, George Washington University

  Proposals for Consideration:
  
  • 25% Coinsurance at non Institutes of Quality/Blue Distinction Centers
  • $0 Facility Copay at Institutes of Quality/Blue Distinction Centers
• Other Programs for Consideration:

**Cardiac**

Aetna Institutes of Quality:
- Delaware Facilities – None
- Other Nearby Facilities – John Hopkins, Peninsula Regional, University of MD, Cooper

Highmark Blue Distinction Centers
- Delaware Facilities – Bayhealth Kent General, Beebe Medical and Christiana Care
- Other Nearby Facilities – Crozer, Peninsula Regional, Atlantic Regional, University of Penn, Thomas Jefferson, Temple
• **Other Programs for Consideration:**

**Rare & Complex Cancers:**

Highmark Blue Distinction Centers

- Delaware Facilities – None
- Other Nearby Facilities – University of Penn, University of Maryland, Fox Chase, George Washington University, Georgetown, John Hopkins, Thomas Jefferson

**Transplants:**

Highmark Blue Distinction Centers

- Delaware Facilities – None
- Other Nearby Facilities – University of Penn, University of Maryland, John Hopkins, Thomas Jefferson, Temple