



RESOURCES FOR LIFE'S TRANSITIONS:

The journey of life—now with a navigation system

No matter how much things change, one thing stays the same—life moves on. Regardless of what might be around the corner, count on your work-life service to provide information and assistance, on these and other topics, to smooth the road ahead.

- Moving and relocation
- Unexpected life events
- Career development or transition
- Workplace restructuring
- Returning to school
- Retirement
- Adjusting to an empty nest

You and your family have free, confidential access to the service any time, any day by calling the toll-free number or logging on to the work-life website and entering your username and password.

TOLL-FREE:
800.343.2186

WORK-LIFE WEBSITE:
www.hmsincorp.com