

Exclusively for State of Delaware Members



800.343.2186

hms.HealthAdvocate.com

We Help Support Your Life!

One Stop, Specialized Assistance

As part of your employee benefit plan, you have access to a wide range of EAP and Work/Life support services from HMS (Health Advocate). Just call to reach our experts, who will promptly help you get the answers and solutions you need about childcare, eldercare, legal, financial, and identity theft services. Our accredited counselors can also help you address any stress these issues may cause.

The many ways we help!

Childcare

Our Childcare Service can help you with many different concerns, searches and topics such as:

- **Childcare** centers
- **Family-run** childcare homes
- **Nanny** agencies
- **Summer** camps
- **Babysitter** tips
- **Community** resources
- **Camp** checklist
- **Pre-school**
- **Back-up** care

Eldercare

Our Eldercare Service can assist with various topics, concerns and searches such as:

- **Assisted** living
- **Nursing** homes
- **Independent** living
- **Home** health aides
- **Adult** day care services
- **Senior** centers
- **Geriatric** care managers
- **Community** resources
- **Care** for adults with disabilities
- **And lots more...**



hms

A **HealthAdvocate** Company

Just Call Us!

Our experts will identify and quickly connect you to the resources you need.

Legal Services

Legal services are provided by attorneys and include a free in-person or telephone consultation. Depending on your issue, you may be eligible to receive a 25% discount off the attorney's regular fees.

Personal/Family Law

- Adoption
- Guardianship
- Custody
- Child support
- Divorce
- Name change

Elder Law

- Estate planning
- Probate
- Wills
- Revocable Living Trust
- Durable Power of Attorney
- Healthcare directives

Real Estate

- Assistance in the acquisition or sale of residential property
- Lease and rental of apartments
- Property boundary disputes

Financial Services

Financial services are provided by seasoned professionals and include a free telephone consultation.

Debt Management

- Selecting a credit card
- Debt counseling and consolidation

Budgeting

- Income and expense review
- Increasing take-home pay
- Lowering expenses
- Leasing vs. buying
- Refinancing

Credit Report Issues

- How to request a copy
- Credit score consultation
- Removing inaccurate information
- Your rights under the law

Financial Services

- College savings plans
- Common retirement strategies
- Life insurance

Identity Theft

Information and resources to help prevent identity theft from occurring.

- **Recognize** the warning signs of identity theft and credit fraud
- **Learn methods** of identity theft prevention
- **Understand** what to do if identity theft occurs



For More Information

Call our toll-free number to reach a Work/Life Specialist who can assist you. You can also visit our website to view helpful articles, resources and informative webinars!

24/7 Support **800.343.2186**
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Enter "State of Delaware" as the name of your organization.



Your HMS (Health Advocate) EAP+Work/Life Program is paid by your employer, and is completely confidential.

HMS (Health Advocate) is not affiliated with any insurance or third party provider. HMS (Health Advocate) complies with all government privacy standards. HMS (Health Advocate) does not replace health insurance coverage, provide medical care or recommend treatment.

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