

**DISABILITY INSURANCE PROGRAM (dip)  
FREQUENTLY ASKED QUESTIONS (FAQ)**

**Section 6 – Return to Work**

Disclaimer—

If there is any conflict in interpretation between the FAQ's and the Short-Term Disability (STD) and Long-Term Disability (LTD) program contract provisions and existing law, the contract provisions and/or law govern.

**Q 6.0 Who is the Return to Work Coordinator and how can I contact her?**  
A 6.0 The Return to Work Coordinator is Durae' Johann. She may be reached at the Statewide Benefits Office at 302-739-8331 or via email at [Durae.Johann@state.de.us](mailto:Durae.Johann@state.de.us).

**Q 6.1 What happens if I am released to return to work but not at full capacity?**  
A 6.1 There is a process of Return to Work that is followed for keeping or returning an employee with a covered and approved disability to work. When returning an employee to work that may need accommodations, the following is considered:

- Same job, same employer
- Same job with modifications, same employer
- Same job, different employer
- Same job with modifications, different employer
- Different job, same employer
- Different job, different employer
- Retraining and/or Education

This process is used as a guide to determine what is possible for the employee with a disability and employing organization. Each of these options should be considered as a return to work plan is being developed. Please contact the Return to Work Coordinator for assistance.

**Q 6.2 What happens if I'm offered modified duty but decline?**  
A 6.2 If you are offered modified duty after being released to return to work with temporary restrictions or limitations and you decline, your benefits may be suspended.

**Q 6.3 What is a Physical Demands Analysis (PDA) and why does my employing organization have to complete one?**  
A 6.3 The PDA is used to determine what physical aspects of an employee's job they may not be able to perform and to determine what, if any, modifications may be possible in order to return them to work. A PDA can be requested at any time during the Short OR Long Term Disability claim.

**Q 6.4 How long does my employing organization have to complete and return a Physical Demands Analysis?**

A 6.4 A PDA should be completed and returned to the Return to Work Coordinator **within 2 business days** as this information is vital to the approval, continued approval or denial of the claim.

**Q 6.5 Why do I need a return to work authorization completed before I can return to work?**

A 6.5 If an employee has been on an approved Short Term or Long Term Disability they must have a return to work note authorizing their ability to safely return. This release must be signed by the employee's physician.

The employing organization may have a preferred Return to Work (RTW) authorization form from their specific organization that must be completed, if not, the employee may contact the Return to Work Coordinator for a form. It will be faxed directly to the physician for completion.

**Q 6.6 What happens if I'm released to return to work but will have some restrictions and limitations for at least a month; must my employing organization make temporary accommodations?**

A 6.6 An employing organization will consider if the functional limitations impact the employee's ability to stay on their own job or if accommodations are needed. If the employee cannot be accommodated, the employing organization should provide a written explanation to the Return to Work Coordinator within 5 business days.

**Q 6.7 Can I return to work from Long Term Disability?**

A 6.7 If an employee has been on an approved Long Term Disability (LTD) and knows approximately when they may be released to return to work OR has already been released, the employee should contact the Return to Work Coordinator for assistance with placement. A release to return to work signed by the individual's physician is required.

**Q 6.8 Will I be able to return to my previous position if I've been on LTD?**

**A 6.8** *In some cases* a former employee may be able to return to their previous position. However if the employee is not able to return to the same position, the same guidelines apply in placement procedures as in Short Term Disability.

- Same job, same employer
- Same job with modifications, same employer
- Same job, different employer
- Same job with modifications, different employer
- Different job, same employer
- Different job, different employer
- Retraining and Education

**Q 6.9 Will I retain my previous salary?**

**A 6.9** When rehired into a State of Delaware position, an employing organization may be able to offer the former employee a position at the same rate of pay, however, this is not guaranteed. For former merit employees, the approved salary will be determined in accordance with applicable Merit Rules.

**Q 6.10 Will I be guaranteed a job within the State of Delaware?**

**A 6.10** The goal is to return the former employee to the State of Delaware, but it is not guaranteed when returning from LTD.

**Q 6.11 Why do I have to apply and interview for a position when returning to Work from Long Term Disability?**

**A 6.11** Former merit employees returning from LTD may be placed in any merit position, for which they qualify without a referral list, as long as the paygrade does not exceed their paygrade at the time of their acceptance into and eligibility for the STD Program. Exceptions to the paygrade limitation may be made for vacancies for which a documented shortage of qualified applicants exists which will be explained to you by the Return to Work Coordinator. Former nonmerit employees returning from LTD will be placed by their previous employer into a vacant position within their respective agency for which they qualify. Employees returning to work from LTD are being "rehired", therefore an application will be required and an interview may be conducted by the employing agency.

**Q 6.13 Where can I find the Return to Work section of the Delaware Code as it pertains to Return to Work while on Short Term or Long Term Disability?**

**A 6.13 <http://delcode.delaware.gov> Title 29, CHAPTER 52A. DISABILITY INSURANCE PROGRAM, § 5257. Return to work**