



SPONSOR: Rep. Yearick & Rep. Longhurst;
on behalf of all Representatives
Sen. Lavelle;
on behalf of all Senators

HOUSE OF REPRESENTATIVES
148th GENERAL ASSEMBLY

HOUSE CONCURRENT RESOLUTION NO. 81

ENCOURAGING WISE HEALTH CARE CONSUMERISM TO HELP CONTROL AND REDUCE INSURANCE COSTS AND IMPROVE THE HEALTH AND WELL-BEING OF STATE EMPLOYEES.

1 WHEREAS, the State of Delaware increased spending on employee health insurance from \$527.4 million to
2 \$708.1 million from fiscal year 2010 to fiscal year 2015; and

3 WHEREAS, Governor Markell's proposed budget for fiscal year 2017 recommends an additional \$33.3 million to
4 cover increasing costs for health care; and

5 WHEREAS, Governor Markell estimates the state's health care costs in fiscal year 2020 could exceed \$1 billion
6 and surpass \$1.2 billion by 2022; and

7 WHEREAS, encouraging all state employees and state health plan participants to make good choices like being a
8 wise health care consumer, choosing lower cost health care services, getting appropriate level of care, managing chronic
9 diseases and engaging in wellness and prevention, can save employees and the State of Delaware money by reducing costs
10 and expenditures, preserving money in the Group Health Fund and reducing the need to increase premiums and member
11 out-of-pocket costs; and

12 WHEREAS, the State of Delaware's Statewide Benefits Office launched a comprehensive campaign in mid-March
13 2016 called "Being A Wise Health Care Consumer: What's In It For Me?" to assist state employees and state health plan
14 participants with understanding the power of their choices in making health care decisions to control and reduce insurance
15 costs and improve their health and well-being; and

16 WHEREAS, open enrollment for fiscal year 2017 runs May 9 -26, 2016 and all state employees and state health
17 plan participants are encouraged to visit the New Consumerism Resource Link (www.ben.omb.delaware.gov/consumerism)
18 to access helpful online tools, resources and videos and learn about covered benefits, plan design and providers; 24/7 nurse
19 line, urgent care center locations, telemedicine services, and freestanding (non-hospital affiliated) outpatient locations for

20 lab and imaging services; care cost estimators; covered preventive care services and medications; covered wellness and
21 disease management services through the DelaWELL Health Management Program; and

22 WHEREAS, most preventive care is covered at 100% to State of Delaware covered members including: annual
23 physical exams, OB/GYN exams, cancer screenings including mammograms and colonoscopies, flu, pneumonia and other
24 shots and preventive medications (age and other parameters may apply – see carrier preventive schedules for more
25 information); and

26 WHEREAS, state employees and state health plan participants are encouraged to develop a relationship with a
27 Primary Care Provider (PCP) and complete the DelaWELL Program’s two simple steps: (1) schedule and attend an annual
28 physical exam and (2) complete an online Health Assessment (wellness profile) ; and

29 WHEREAS, all state employees and state health plan participants are encouraged to manage chronic disease and
30 take advantage of covered benefits (including health coaching), helpful tools and resources for conditions like diabetes,
31 musculoskeletal pain, cancer, heart disease, high blood pressure, high cholesterol, asthma and COPD; and

32 WHEREAS; the health care choices made today affect health and health care costs in the future.

33 NOW, THEREFORE:

34 BE IT RESOLVED by the House of Representatives of the 148th General Assembly of the State of Delaware, the
35 Senate concurring therein that we hereby encourage utilization of the Consumerism Resource Link, preventive care services
36 and DelaWELL wellness and disease management benefits to help control costs and promote employee health and well-
37 being in the state.

SYNOPSIS

This resolution strongly encourages employees and state health plan participants to make good choices like being a wise health care consumer, choosing lower cost health care services, getting appropriate level of care, managing chronic diseases and engaging in wellness and prevention.