



April 14, 2016
Issue

e - Newsletter

Get A Head Start Of Open Enrollment: **Make Sure Your Contact Info Is Current**

Open Enrollment is May 9 - 26, 2016. Get a head start now by making sure your personal contact information is up to date in Employee Self-Service, in order to receive important materials (such as new ID cards) and communications from your benefit vendors.

Call To Action

↳ Access Employee Self-Service at www.employeeselfservice.omb.delaware.gov. Once logged in, verify or update your personal information (Home and Mailing Addresses, Phone Numbers and Email Addresses) by following the navigation: Main Menu > Self-Service > Personal Information.

Visit www.ben.omb.delaware.gov/oe regularly for updates on Open Enrollment and look for upcoming SBO e-Newsletters for important details.

Learn **What's New In Your Benefits** Beginning July 1, 2016 And How To Be A Wise Health Care Consumer

Register to attend a free employee education session (April 19, 21 or 28, 2016). Don't miss your opportunity to win a \$50 Amazon gift card or iPad mini!

Call To Action

↳ Learn more and register at www.ben.omb.delaware.gov/oe.

Highmark Delaware Members - Don't Miss Your Opportunity To **Win A Fitbit**

Register on the Highmark Delaware member website by April 30, 2016 and be entered in a random drawing to win a Fitbit (courtesy of Highmark Delaware)!

Call To Action

↳ Learn more about the Registration/Single Sign-On Campaign and view the Frequently Asked Questions at <http://ben.omb.delaware.gov/medical/bcbs/index.shtml>.

EAP + Work/Life Program: **April 2016 HMS (Health Advocate) Newsletter**



This month's newsletter topics include:

- Prepare for the Unexpected
- Take Your Workout Outside
- Keep Your Cool at Home and Work
- National Alcohol Awareness Month

The free monthly webinar topic is "Conflict Management in the Workplace."

Call To Action

↳ Visit www.ben.omb.delaware.gov/eap to view the April 2016 HMS (Health Advocate) Newsletter.

This newsletter is published by the Delaware Statewide Benefits Office.

To view other SBO e-Newsletters, visit

<http://ben.omb.delaware.gov/communication.shtml>.