



Be Someone's Hero. Give Blood.

- About 350 people are needed DAILY on Delmarva to ensure a safe blood supply and meet the needs of our local hospitals to save the lives of 20,000 patients a year.
- Blood Bank of Delmarva exclusively supplies blood to all 16 hospitals on Delmarva.
- The Blood Bank has 5 permanent donor centers and more than 30 community mobile locations. The Blood Bank is open 6 days/week, including early morning and evening appointments, for your convenience.
- It only takes about 5 minutes to give blood. The entire donation appointment takes about an hour.
- Because it can be separated into several components, one blood donation can help save the lives of up to 3 people. You can give whole blood every 56 days.
- The Blood Bank performs infectious disease tests (such as HIV, Hepatitis B and C, Syphilis and West Nile Virus, to name a few) to keep the blood supply safe.
- How rare is your blood? O positive is the most common blood type (1 in 3); AB negative is the rarest (1 in 167); O negative is the “universal donor,” which means that it can be given to anyone in an emergency. The rarest type of blood is the one not available when you need it.
- The Blood Bank of Delmarva asks everyone to join its **Members for Life** program and take a turn providing blood at least once a year and allow the Blood Bank to contact them if there is ever a need for their blood type. Most healthy people can give blood.
- The *Members for Life* program is free and available to all State employees.
- Members for Life will receive points for each blood donation which can be exchanged for merchandise in the Blood Bank’s online reward store.
- Members for Life receive free health checks like blood pressure, temperature, hemoglobin level and glucose screening.
- *Members for Life* receive a personalized Member for Life card featuring your blood type and a Prescription Savings Program to help lower your out-of-pocket prescription drug costs when presented at your pharmacy. (Some restrictions may apply.)
- The Blood Bank understands that not everyone is able to give blood for various reasons, but may still want to support its lifesaving mission. Those individuals can make a tax-deductible financial contribution to the nonprofit and be part of the *Friends for Life*.

Active employees enrolling for the first time as Blood Bank of Delmarva Member, during open enrollment or any other time during the year MUST enroll through eBenefits.

Please contact your Benefits Representative for assistance in enrolling in the Blood Bank.

For more information, to schedule an appointment or to make a contribution, visit

www.DelmarvaBlood.org